

Class 1 Paradigm Shift

A **paradigm shift** is a change in perspective, the way we view the world.

1. The Unique Individual

The blend of **nature** and **nurture** that makes each person unique:

- Nature (Psalm 139:14 & Jeremiah 1:5)

- Nurture (Exodus 18:20 & Deuteronomy 6:7)

Your child is a unique individual who is different from you, and you have the responsibility of raising them. The best way to nurture someone who is different from you is to _____ who they are first.

2. The Teenage Years - Storm & Stress?

<i>Physically</i>	<i>Cognitively</i>
<i>Emotionally</i>	<i>Socially</i>

3. So... what do I do now?

- 1. Take time to get to _____ your child - go beyond the surface identity markers
- 2. Be _____ and support your child to struggle & stumble through identity exploration

- 3. See things from their perspective & _____ with their experience